



Group Swim Lessons

1710 W. Broadway Bolivar, Mo. 65613 417-777-1215 scheney@bolivar.mo.us

Participant Information:

Name: _____ Age _____

Address: _____

City _____ State _____ Zipcode _____

Guardian's

Name _____ Phone _____

Date of Session _____ Desired Level _____

Please read carefully:

In consideration of permission granted by City of Bolivar allowing me to participate in reserved activities, including the use of equipment, and property belonging to City of Bolivar on the reserved date, I represent, covenant, and agree on behalf of myself and my heirs, assigns, and any other person claiming by, under, or through me, as follows:

1. I acknowledge that participating in the Activity involves certain risks (some of which I might not fully appreciate) and that injuries, death, property damage or other harm could occur to me or others. I accept and voluntarily incur all risks any injuries, damages, or harm which arise during or result from my participation in the Activity, regardless of whether or not caused in whole or in part by the negligence or other fault of the City of Bolivar, its officers, agents, volunteers, or employees ("Released Parties").
2. I waive all claims against the Released Parties for any injuries, damages, losses, or claims whether known or unknown, which arise during or as a result of my participation in the Activity, regardless of whether caused or not caused in whole or in part by the negligence or other fault of any of the Released Parties. I release and forever discharge the Released Parties from all such claims.
3. I agree to indemnify and hold harmless the Released Parties from all losses, liabilities, damages, costs, or expenses (including but not limited to attorneys' fees and other litigation costs and expenses) incurred by any of the Released Parties as a result of my participation in the Activity, regardless of whether or not caused in whole or in part by the negligence or other fault of any of the Released Parties.
4. I have carefully read and reviewed this Wavier, Release, and Hold Harmless Agreement. I understand it fully and execute it voluntarily.

Printed Name: _____

Signature: _____ Date: _____

Office Use Only:

Amount Paid: _____ Payment Method: _____ Receipt#: _____ Staff Initials: _____

Group Swim Lessons

Swim lessons are \$40/member and \$45/non-member.

Sessions include two 45 minute classes per week for three weeks.

Space is limited, only 12 participants per level.

All parents/guardians MUST remain in the facility at all times during the lesson.

PARENT & CHILD:

Class is geared toward toddlers to gain confidence in the water by having a one on one experience with a trusted adult's assistance. Working with an instructor, the adult is in the water with the toddler to help introduce the child to the aquatic environment.

Pre-k Aqua Tots:

Aqua tots will enable preschool aged children to explore an aquatic environment and prepare for progressive levels. They will be introduced to combined skills for beginner swim strokes, beginning breathing skills and safety skills.

Level 1 Water Skills:

Introduce participants to the aquatic environment and help them gain basic aquatic skills. Participants will learn basic skills such as supported floating and kicking on front and back, alternating arm action, retrieving an object off the bottom in shallow water depths, and water safety.

Level 2 Aquatic Skills:

Build on the basic aquatic skills, water safety skills and concepts learned in Level 1. They will learn advanced skills such as the scissor kick, combined stroke on front and back, and rhythmic breathing.

Level 3 Development:

Build on the skills learned in previous levels, participants will achieve basic water competency in a pool environment. They will learn skills such as: diving, treading water, and retrieving an object off the bottom in deeper water depths.

Level 4 Advanced Skills/Swim Team Prep:

All skills combined geared towards achieving skills in advanced strokes, breathing techniques, barrel roll, and long distance endurance. Diving from a starting block will be required. Participants must have strong swimming skills.

2021 Sessions:

April 26 - May 12, 2021 on Mondays & Wednesdays from 6:00pm – 6:45pm

April 27 - May 13, 2021 on Tuesdays & Thursdays from 6:00pm - 6:45pm.

May 24 - June 9, 2021 on Monday & Wednesday from 12:00pm - 12:45pm.

May 25 - June 10, 2021 on Tuesdays & Thursdays from 7:15pm - 8:00pm.

June 21 - July 7, 2021 on Mondays & Wednesdays from 12:00pm - 12:45pm.

June 22 - July 8, 2021 on Tuesdays & Thursdays from 7:15pm - 8:00pm.

July 19 - August 4, 2021 on Mondays & Wednesdays from 12:00pm - 12:45pm.

July 20 - August 5, 2021 on Tuesdays & Thursdays from 7:15pm - 8:00pm.

